# Preamble

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problem and help others to recover from their addiction.

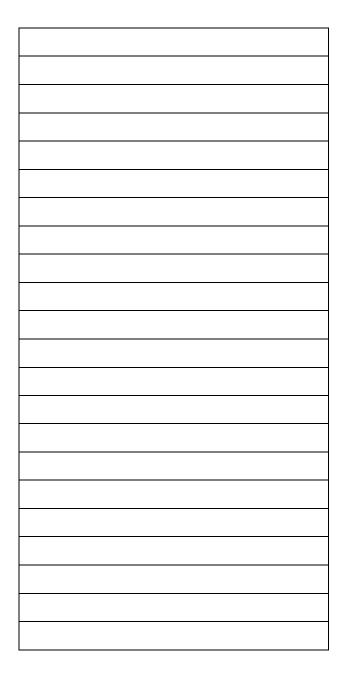
The only requirement for membership is a desire to stop using cocaine and all other mind altering substances. There are no dues or fees for membership; we are self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution. We do not wish to engage in any controversy, and we neither endorse nor oppose any causes.

Our primary purpose is to stay free from cocaine and all other mind altering substances, and to help others achieve the same freedom.

We use the Twelve Steps of Recovery because it has already been proven that the Twelve Step Recovery Program works.

World Service of Cocaine Anonymous Info line: 1-800-347-8998

# Phone Numbers



"We're Here And We're Free"™



# Cocaine Anonymous Calgary District

"C.A.", "Cocaine Anonymous", "We're Here and We're Free", and the C.A. Logo are registered trademarks of Cocaine Anonymous World Services, Inc. All rights reserved

# **Calgary District Meetings**

All C.A. meetings are "Open" anyone is welcome to attend

### Thursday

#### Helping Hands

1317 1<sub>st</sub>. Street N.W. 8:00-9:15 pm (1 1/4hr) Beginners meeting Steps 1, 2 & 3 and Topic meeting

**Friday** Sunlight of the Spirit 223 – 12 Avenue SW (2<sup>nd</sup> floor) 8:00-9:15 pm (1 1/4hr) Big Book Sponsorship meeting Birthdays celebrated last Friday of month

## Saturday

*There is a Solution* 10690 Elbow Dr. S.W. 8:00 – 9:15 pm (1 1/4hr) Big Book Study and Tradition meeting Birthdays celebrated last Saturday of the month

# Sunday

#### Hope, Faith, Courage Group

# 131-7 Ave SW (side entrance)
(Central United Church)
7:30-8:30 pm (1 hr)
Topic, Reading and Discussion meeting

# 1st Monday of each month

#### Calgary District Business Meeting

6:30 pm - 134 Scarboro Ave. SW

Everyone welcome and encouraged to attend

Southern Alberta Area website address:

http://www.ca-ab.org

Southern Alberta Area e-mail address:

info@ca-ab.org



Revised October 01, 2017

#### Monday Gotta Want It

134 Scarboro Ave S.W.8:00-9:15 pm (1 1/4hr)Step, Principle and Discussion meeting Birthdays celebrated last Monday of month

### Tuesday

*The Last House on the Block* 126 – 9 Avenue <u>High River, AB</u> 8:00-9:00 pm (1 hr) Discussion meeting

## Wednesday

*Alpha House* #203 15th Ave. S.E., 8:00-9:00 pm (1 hr) H&I Panel meeting

### Wednesday

Dark Side of the Spoon 223 – 12 Avenue SW (2<sup>nd</sup> floor) 8:00-9:15 pm (1 1/4 hr) Recovery Topic meeting