

# Preamble

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problem and help others to recover from their addiction.

The only requirement for membership is a desire to stop using cocaine and all other mind altering substances. There are no dues or fees for membership; we are self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution. We do not wish to engage in any controversy, and we neither endorse nor oppose any causes.

Our primary purpose is to stay free from cocaine and all other mind altering substances, and to help others achieve the same freedom.

We use the Twelve Steps of Recovery because it has already been proven that the Twelve Step Recovery Program works.

**World Service of Cocaine  
Anonymous Info line:  
1-800-347-8998**

# Phone Numbers


**“We’re Here  
And  
We’re Free”™**



**Cocaine  
Anonymous  
Calgary  
District**

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## **Calgary District Meetings**

***All C.A. meetings are “Open”  
anyone is welcome to attend***

### ***Monday***

#### ***Gotta Want It***

134 Scarboro Ave S.W.

8:00-9:15 pm (1 1/4hr)

Step, Principle and Discussion meeting

Birthdays celebrated last Monday of month

### ***Tuesday***

#### ***The Last House on the Block***

126 – 9 Avenue

High River, AB

8:00-9:00 pm (1 hr)

Discussion meeting

### ***Wednesday***

#### ***Alpha House***

#203 15th Ave. S.E.,

8:00-9:00 pm (1 hr)

H&I Panel meeting

### ***Wednesday***

#### ***Dark Side of the Spoon***

223 – 12 Avenue SW (2<sup>nd</sup> floor)

8:00-9:15 pm (1 1/4 hr)

Recovery Topic meeting

### ***Thursday***

#### ***Helping Hands***

1317 1st. Street N.W.

8:00-9:15 pm (1 1/4hr)

Beginners meeting

Steps 1, 2 & 3 and Topic meeting

### ***Friday***

#### ***Sunlight of the Spirit***

223 – 12 Avenue SW (2<sup>nd</sup> floor)

8:00-9:15 pm (1 1/4hr)

Big Book Sponsorship meeting

Birthdays celebrated last Friday of month

### ***Saturday***

#### ***There is a Solution***

10690 Elbow Dr. S.W.

8:00 – 9:15 pm (1 1/4hr)

Big Book Study and Tradition meeting

Birthdays celebrated last Saturday of the month

### ***Sunday***

#### ***Hope, Faith, Courage Group***

# 131-7 Ave SW (side entrance)

(Central United Church)

7:30-8:30 pm (1 hr)

Topic, Reading and Discussion meeting

**1<sup>st</sup> Monday of each month**

***Calgary District Business Meeting***

6:30 pm – 134 Scarboro Ave. SW

**Everyone welcome and  
encouraged to attend**

**Southern Alberta Area website address:**

<http://www.ca-ab.org>

**Southern Alberta Area e-mail address:**

[info@ca-ab.org](mailto:info@ca-ab.org)

